

MWB Autism Support

Supporting all areas in Midlands, West and Border regions
Registered Charity No 20074531

Chairperson: Michael Bryson, Cluainteach, An Liosbrac, Co Longfort 087 9877342 www.mwbautism.ie mwb autism support email: didiz 99@yahoo.com (group secretary)

Some useful resources for MWB members

MWB Autism Support info@mwbautism.ie www.mwbautism.ie

mwb autism support

Chairperson: Michael Bryson 087 9877342

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Vice chairperson: Nicola Gerety 087 6301666 ngerety39@gmail.com

Secretary: Ndidi Idehen didiz 99@vahoo.com

Autism Spectrum Information Advice and Meeting point www.asiam.ie

Autism Society of Ireland www.autism.ie

Aspire Ireland (Aspergers Syndrome) www.aspireireland.ie

Brothers of Charity Parenting page
Strategies to help with behavioural issues and
more

www.bocparenting.ie

Caring for Our Kids www.caring4ourkids.com

New US website developed by a group of parents who have children on the spectrum

Citizens Information Service – advice on all state benefits and services www.citizensinformation.ie A Chara,

Greetings to all MWB autism support members. We wish all of our families good health above all else in these trying times with the corona virus epidemic.

Looking back to the end of 2019 we had a successful and enjoyable Christmas party in the Longford Arms hotel with the guest star the Man Himself in Re,d as well as virtual reality games, a disco and lovely food.

A decision was made to have bi-monthly outings in 2020 instead of monthly for a change and see how it goes; and to try to have more creative ,adventurous and exciting plans. We are open to ideas and suggestions??!!

Our first outing was in February and due to inclement weather we headed to the cinema. The next event hopefully will be an Easter-themed event in April.



We had a morning support meeting in January in Longford and an evening meeting in February, as well as morning meetings run by Bernice O'Connor in Carrick. The March meeting was due on 18th March, but is postponed.

Department of Education

apply for July Provision (extended tuition during school holidays)

www.education.ie/en/parents/services/ iuly-provision/

Different Roads to Learning

US website with large catalogue of resources for children with autism

www.difflearn.com

Inclusion Ireland

Advocacy group for people with disabilities www.inclusionireland.ie

KonfidentKidz

Courses /classes. Cork

www.konfidentkidz.ie or see facebook

Middletown Autism centre

training/information for All Ireland www.middletownautism.com

My Kids Time useful resource for events/activities www.mykidstime.com

Na1onalCouncilforSpecialEducation www.ncse.ie/www.sess.ie

Parenting Special Needs

www.parentingspecialneeds.org

specialist online magazine with tips, articles etc

Science Daily - Autism News online e- newsletter reporting on latest research https://www.sciencedaily.com/news/

mind brain/autism/

Special Educational Needs magazine -

online magazine with useful articles

www.senmagazine.co.uk

Sensational Kids

therapytraining and online shop www.sensationalkids.ie

Sensory Me Playcentre,

Goff Street, Roscommon - See facebookpage or sensorvmeplav@gmail.com

Special Needs Parents Association www.snpa.ie

Thinking Toys

extensive online catalogue of equipment

www.thinkingtovs.ie

Upbility Publications

Practical tools for articulation, auditory processing, vocabulary, speech therapy, learning disabilities, dyslexia

www.upbilitv.net

An evening support meeting is scheduled for 15th April, but only time will tell whether that can go ahead??!.



Swimming lessons planned for the Mall in Longford during March are postponed for now also.

If members feel they need to talk to someone they can phone Nicola on 087 6301666 or Michael on 087 9877342.

On 29 March Konfident Kidz based in Cork are running the AUsome conference founded by Evaleen Whelton in Cork . I have already forwarded details of this event by text. Best way to get up to minute updates is to contact directly on accounts@konfidentkidz.ie

On 3 June Tony Attwood is scheduled to come to Liffey Valley to give a talk "Autism essentials for parents". For updates www.acamh.org./ event/tony20 MWBas sponsor Full Members to attend if they agree to give feedback. If 1 member goes we pay 100% of ticket cost only, or we pay 50% of cost of ticket only for up to 3 Full Members

Nearer home, in Ballinalee a group of locals have got together and secured funding towards Longford's first sensory garden. A final push to raise needed €2000 is needed. A worthwhile project - if interested in being involved with ideas for fundraising contact myself on 087 9877342 or Leanne Forster on leanneforster@gmail.com, snnaomhtreasa.ias@eircom.net or Councillor Micheal Carrigy in Ballinalee .



Also on Facebook: Autism Mamai, DCA Warriors – both private groups (apply to join)

Other resources for adults on the Autism Spectrum

Access Programme - Athlone

The Access Programme National Learning Network, Athlone - free training for over 18s with disabilities in the areas of independent living, work placements, personal development, advocacy, social and community networking skills. Contact Deirdre or Clodagh on0860274199/0906475297

Specialisterne Ireland – A not-for-profit company in Dublin and Belfast helping to place autistic aspergers people in IT jobs. Contact Peter Brabazon, Gen Manager 0872435867, peter.brabazon@specialisterne.com. www.specialisterne.ie.

Cavan Institute – has a policy of inclusion and runs 3rd level courses for people with additional needs. www.cavaninstitute.ie

Trinity College, Dublin – has developed a Disability Service on campus to support growing number of students with Asper Syndrome.www.tch.ie

National Learning Network – Athlone, Carrick-on-Shannon, Castlerea, Mullingar and other locations. Offers training and work experience for adults As we are all more or less housebound these days, now is a good time to do a bit of research online. So we have started to put together a list of useful online resources to help families inform themselves - and remember "information is power". If you know of any other online websites/resources/materials you think would be helpful for other group members, feel free to let Nicola have the details (ngerety39@gmail.com) so they can be included in the next newsletter.

I am available to talk to from 9.00 am until 9.00 pm Monday to Friday.

Everyone keep your families safe and healthy for now and look out for each other. Ni neart go cur le cheile (no strength without community).

Best wishes on behalf of MWB autism support.

Michael

